

# DR. DAVID M. ARRINGTON, SR.

Leadership | Motivation | Peak Performance | Team Dynamics

David's Dynamic style and customized topics are designed to encourage healthy team dynamics, individual accountability, and transformational leadership. David provides **SOLUTIONS**, not just talks.



**BRING DAVID TO SPEAK AT YOUR NEXT EVENT!**

Dr. Arrington is a sought-after **LEADERSHIP** and personal development speaker. David often speaks on leading change, creating healthy organizational culture and, team dynamics. Your audience will find him **CAPTIVATING** and **ENGAGING**. An experience with David goes beyond **MOTIVATION** and feel-good content to ideas with **PRACTICAL** application that provide a **STRATEGIC ADVANTAGE** with a few laughs along the way.

## TALKS



### 1 Whose Fault is it Anyway?

When things go wrong, most often it's someone else's fault, or is it? Accountability is almost a dirty word. The best leaders understand that accountability is not shame and blame after things have gone wrong. They understand that it is helping people to succeed and learn from mistakes. David shares the tools you will need to bake positive accountability into your organization.

### 2 The Power of Focus

We are more connected and informed than ever before, but we are also more frazzled and distracted than ever before. We have so many things vying for our attention that it is difficult to focus on just one thing. No matter how hard we try we feel like we are falling further and further behind and still have to take work home just to keep up. It's easy to stay busy but making sure we are busy doing the right things is the tricky part. In this presentation, attendees will learn 4 proven ways to get focused and stay focused on what matters most.

### 3 Avengers Assemble

Teams are one of the most misunderstood elements of the modern workplace. Teams are fragile, intentional groups of people. You can have all the right people assembled but not have a team. How can you encourage peak performance from every team in your organization? Dr. Arrington discusses the five most important elements to making teams work.

### 4 Terms of Engagement

Some studies argue employee engagement is in the mid 30 percent range for the entire workforce. How does that impact productivity? How does that impact project completion? What if you could get your employees engaged in their work? In this talk Dr. Arrington identifies the causes for disengaged employees and shares five ways to reengage them.

### 5 Intentional Success

Every organization has a culture. The best organizations are strategic and intentional in fostering a healthy culture. An organization's culture plays a pivotal role in the organization's success or failure. Culture can be easily overlooked because it is invisible to the naked eye and is generally left out of quarterly reports. In this talk Dr. Arrington will highlight the elements of effective organizational culture.

### 6 Selling Like a BOSS

Selling is daunting, difficult, and most importantly, learnable. The toughest and most important part of selling is the close. Until that you have just had a great conversation. This workshop is for people who need to close sales. In this workshop participants are shown the only close they ever need, how to set the stage for a sale, and how to get past the fear of closing.

Available as: keynotes, workshops, seminars, retreats, or breakout sessions.

## WHY DAVID?

Selecting a speaker can be a daunting task.

You want the kick off to your annual conference or retreat to be **MEMORABLE**, **IMPACTFUL**, and **PHENOMENAL**. That's why organizations like yours, continue to hire David. He works with you, months in advance, to create or customize a talk specifically for your audience. His topics are designed to promote introspection and personal accountability. David's style is personal, **ENGAGING**, and **INSPIRATIONAL**. Your audience will hang on his every word as he presents familiar topics from **THOUGHT-PROVOKING** angles. If you're looking for a speaker who can win the hearts of your audience and inspire them to reach their full potential, then don't wait!

**BRING DAVID  
INTODAY!**

## ABOUT DAVID

Like you, Dr. David Arrington is committed to making a massive impact. Arrington Coaching is the result of over a decade of coaching leaders and a desire to help leaders realize their full potential. David is passionate about personal development and is motivated by seeing the transformations his clients undergo. He thrives on helping individuals and organizations exponentially increase their leadership capabilities.

As an executive coach, David assists leaders from varied industries to experience tremendous success, align their teams, and better cope with stress. He is a trusted thinking partner helping business owners and business leaders turn down the noise so they can make phenomenal decisions. David practices holistic coaching which allows his clients to succeed at work without failing at home. His clients generally enjoy significant revenue increases as they transition from overwhelmed to loving life again.

## RAVING REVIEWS



"I loved the enthusiasm and interaction of the speaker. In a crowd, full of people, David made sure to make eye contact with everyone in the room and encouraged participation. I would highly suggest others in the industry to take this seminar. One of the best I've been to."

-Rebecca M.

"David was recommended as a motivational speaker by one of our staff people for our Company Annual Kick Off Meeting. After our initial meeting, it was clear that David would be a good fit for our company even though this was the first time we had met. David's performance at our event was outstanding and everyone that was in attendance benefited from his message. Our goal for him was to inspire, encourage the attendees to have a successful 2016, and give them a few tools with which to accomplish that success. He hit it out of the park! Thank you, David!"

-Lisa C.

"I greatly appreciated the tips and insight you provided. It reassured me that I'm capable of accomplishing a lot if I truly consider what I'm doing, why it's important and where it falls on the list of importance. Excited to incorporate what I've learned today in both the professional and personal aspects of my life."

-Jocelyn B.

"Insightful and right on time! I contemplated not attending at the last minute because I didn't think I had the time. The workshop today confirmed that I needed to be here. I needed to invest in my self-development. The reasons that made me feel that I shouldn't attend (too much to do, people need me) were the exact reasons I needed to be here."

-Jamila G.

"Once again, David exceeded my expectations with his engaging content and infectious enthusiasm. I would recommend anyone seeking to improve their sales cycle to take 'Selling Like a Boss' workshop."

-Travis P.



**BOOK DAVID FOR  
YOUR NEXT EVENT!**



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