

# CAPABILITY STATEMENT



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UEI: QJDEJBDQHDB3 | CAGE CODE: 7R4T1



## COMPANY PROFILE

Arrington Coaching, LLC is a proven leadership development firm established in 2015 with its headquarters in Suffolk, VA. We provide proven, practical, and applicable leadership development through coaching, speaking and training that prepares organizations for what's now and what's next. We exceed our client's expectations by leveraging our proprietary ASCEND process.

## CORE COMPETENCIES

- ▶ Executive Coaching
- ▶ Leadership Coaching
- ▶ Team Coaching
- ▶ Workshop Facilitation
- ▶ Keynote Speaking
- ▶ Leadership Training (on-line, hybrid, in-person)
- ▶ Diversity, Equity & Inclusion Training
- ▶ Hybrid Leadership
- ▶ Leading through Disruption
- ▶ Mindful Leadership Practices
- ▶ Custom Course Creation
- ▶ Executive Retreat Facilitation
- ▶ Virtual Leadership
- ▶ Team Alignment

## KEY DIFFERENTIATORS

- ▶ Executive level leadership development programs and capabilities
- ▶ Proprietary ASCEND coaching process
- ▶ Ability to create courses to client needs
- ▶ Proven leadership development expertise in public and private sectors across many industries
- ▶ Our in-house leadership training platform
- ▶ Our commitment to providing same-day applicable leadership skills
- ▶ Proven leadership development and team alignment in multiple remote contexts

## SERVICE CODES

- ▶ NAICS Codes - 611430, 611699, 611710, 541611, 541612, 541618
- ▶ SIC Codes - 8299, 8742, 8999, 8748
- ▶ PSC Codes - R799, U009, U008, U004, U001, U099, R408

## SOCIO-ECONOMIC CERTIFICATIONS

- ▶ National Supplier Development Council
- ▶ Small Business Certified - State of Virginia
- ▶ Micro Business Certified - State of Virginia
- ▶ Minority Business Certified - State of Virginia
- ▶ Disadvantaged Business Enterprise - VA DOT
- ▶ ByBlack Certified Business

## CURRENT PROJECTS & PAST PERFORMANCE

- ▶ **UNITED STATES MARINES**  
**Location:** Quantico, VA; San Diego, CA; Remote **Project Role:** Leadership training **Project:** Leading At All Levels Leadership Development Program **Time Frame:** 2015-2024
- ▶ **THE JOINT STAFF**  
**Location:** Remote **Project Role:** Facilitate the ASCEND executive leadership certificate program for cohorts of high potential leaders **Project:** High potential and Executive leadership development **Time Frame:** 2021-Present
- ▶ **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Location:** Remote **Project Role:** Leadership training **Project:** SEC University **Time Frame:** 2021-Present
- ▶ **COX COMMUNICATIONS**  
**Location:** Remote **Project Role:** Executive coaching **Project:** As needed **Time Frame:** 2018-Present